

Vegetarian Lunch Menu - Week 2



MONDAY

Vegetable falafels served with parmentier potatoes, sliced carrots and kale.
Accompanied with a homemade parsley butter sauce.

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Sliced apples served with sliced pears.

TUESDAY

V-free minced chilli mixed with chopped onions, kidney beans and chopped tomatoes. Accompanied with brown rice and sweet potato mash.

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Seasonal fruit salad.

WEDNESDAY

Homemade lentil loaf served with roast potatoes and accompanied with oven roasted Mediterranean vegetables.

(Vegan balls)

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Homemade cinnamon and raisin biscuits.

THURSDAY

Homemade mushroom, pepper, onion and spinach lasagne served with garlic bread slices and a fresh mixed salad.

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Mango slices served with sultanas.

FRIDAY

Homemade chickpea and vegetable koftas served with a summer salad, cous cous and mint dressing.

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Diced watermelon served with sliced peaches.